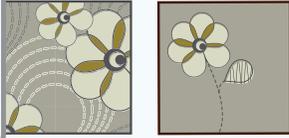


Tips For Air Quality

Dust, vacuum and change your bedding regularly to reduce dust, animal/human dander and hair



Treat mold/mildew by using warm water and a scrub brush. Report water leaks and damage to your property manager immediately



It is important to ventilate your home and clean regularly



Do not smoke or allow others to smoke inside your home



Smoke & Air Pollutants



- Smoking and secondhand smoke from cigarettes, cigars and other tobacco products triggers asthma & other respiratory illnesses including cancer.
- Animals can trigger allergy and asthma attacks due to dander and hair.
- Dust mites can trigger allergy and asthma attacks. Dust mites are everywhere, especially on pillows, blankets, carpets, upholstered furniture and stuffed toys.

Air Flow/Ventilation

- Properly ventilate your home. Increase fresh air by opening windows & doors or running air conditioners and fans that exhaust to the outdoors.
- Radon is a naturally occurring gas found all over the US. The gas is linked to lung cancer with long term exposure. Ventilation and increasing air flow reduces the amount of radon in your home.



Moisture Prevention



- The amount of moisture in your home depends on air temperature. As the temperature goes down, the air holds less moisture. This is why, in cold weather, you will see drops of water form on the inside of a window. This moisture can encourage biological pollutants to grow.
- Managing moisture in your unit is how to prevent mildew/mold. Leave the bathroom exhaust fan "ON" for an extra 20 minutes after taking a hot shower/bath.

Cleaning

- Don't leave food or trash out for a long period; this can bring unwanted pests to your home. If you find pest please contact management and follow instructions.
- Surfaces throughout your home must be clean.
- Recycling and Garbage should be disposed of on a regular basis.

